

The Houston Hash House Harriers

GRAND MASTERS:

KIT MOGNETT

JOINT MASTERS:

PETE GERNERT

JACK BRIDGE

BILL JANUARY

ON SEC:

JANET HENRY

HASH CASH:

SYLVIA SPANIEL

RELIGIOUS ADVISOR:

STEVE GARDNER

RUNNING AROUND HOUSTON SINCE 1979

RUNNING AROUND THE WORLD SINCE 1938

FOR MONDAY RUN LOCATION CALL 861-0419

HAPPY HOURS = 778-0332



Run # 377, held Sunday, October 12, 1986 by Will He Peter & Digital Input aka Pete Smith & Sharon Wagner, location- some library across from Las Cazuelas in a questionable part of town. Name? Possibly the great Tortilla chase. Or frozen tortilla chase, or wet tortilla, or all.

You know you are in trouble when the hares are decked out in garbage bags, either because of the weather(nasty) or the neighborhood. And eating tortillas. As Pete tried to explain to the 14 hardy souls who eventually showed(Leo was fashionably late, as usual), this was to be the Christopho Columbo run with a mexican flavor. The new boots, Carl and Stephanie, weren't sure they were with the right group. The trail was laid with half tortillas, then quarter tortillas, with checks meriting a whole one with an X done in blue paint. Once the start was found we wandered back and forth across N. Main, passing by Woodland Park, the site of a previous ONON, over freeway overpasses, then thru Jim Hogg park(related to Ima & Ura, I think). There were lots of places we were glad the trail didn't go, as there a lot of woods and bayous along th way--but it's hard to lay those from the comfort of a warm automobile. At one point the trail just played out, Jana was certain a dog was just finishing a tortilla snack and in search of the trail ahead of us. The lack of checks helped to keep the pack together, plus it was too cold to stand about. Once the trail was located, we ran the obligatory RR tracks, to a water check under the freeways where a dead body was found on a hash earlier in the year. Fortunately the path was more generous, staying to the streets paralleling the bayou, a constant tease or threat that we might get even wetter. Most of the pack ended up wandering about the parking garage of UH downtown, while some of us hoped they would emerge where we were on the other side of the bayou. As people were trying to find the trail again, the hares were spotted, allowing most of us to short cut the final portion. After an hour, we were ready for this. A couple of the more diligent ran it out thru the slimy tunnel for the fun of it. I'm not sure where the ON ON was--it looked like a deserted parking lot with an open shelter and a guard lookout station. With a great view of downtown. We were treated to some great homemade guaco and con queso, and believe it or not, Carta Blanca & Tecate beers. Possibly in honor of those in Mexico. The crowd was not knocking down the brews real fast, as the beers were hard to handle with frozen fingers--several were seen moving their socks from their feet to their hands to ward off frost-bite. And the hares had forgotten to pack downdown mugs or cups. But improvise we eventually did, some poor souls had to use the empty dip bowls. New boot Stephanie won the race for fastest two fisted drinker. Almost everyone moved on to Doneraki for some more warm food and even Mexican antifreeze(ritas). All in all, a pretty decent run and a class onon. Good job hares.

If you want to know about the Mexico City weekend, rumor has it the following are who to see-Bill January, Jacque Bridge, Steve Gardner, Ralph Lopez, Ray Kizer, Janet Henry, Bob Brickhouse, Earl Meazell, Jeff Wallace, Rob Spee, Sam Limerick, Bill and Monica Worthington.

At the 9/22/86 run hared by Clint Johnson, a pair of the red shorts put in the sag wagon by Dan Meazell left with all the gym bags, so anyone finding these please let Dan or Clint know.

STAR OF HOPE MISSION

DAILY ROUTINE & PRACTICES

DO NOT ASK
US TO CHANGE
OUR policy!

DORMITORY RULES

1. CLOTHING WHEN UPDATES WILL BE PUT INTO INDIVIDUAL BOXES AND LOCKED UP IN THE STORE ROOM.

YOU ARE PERMITTED TO WEAR CLEAN UNDERWEAR TO BED. GLASSES AND WATCHES MAY BE WORN. NO OTHER PERSONAL ITEMS MAY BE TAKEN TO BED WITH YOU.

EACH PERSON GOING TO THE DORM MUST SHOWER. YOU MAY SHAVE. SOAP, TOWELS, RAZORS ARE PROVIDED BY THE MISSION.

DO NOT GET UP IN THE MORNING AND MAKE YOUR BUNK. EACH BUNK IS MADE BY THE WORKERS OF THE MISSION.

FACT SHEET ON AIDS

AIDS stands for Acquired Immune Deficiency Syndrome. It is a disorder that damages the body's natural immune system, reducing the ability to fight off infections and disease.

Intravenous drug users and sexually active male homosexuals are at the greatest risk for AIDS.

AIDS is spread from person to person through intimate sexual contact or through use of shared needles for injection of drugs.

AIDS can be spread sexually from men to men, and from men to women or women to men. Some people who have had sex with IV drug abusers have themselves developed AIDS even though they had never used drugs intravenously.

No one can assure you that you haven't already been exposed to the virus that causes AIDS, but you can reduce your risk of coming in contact with this virus in the future by doing the following:

- I Stop shooting drugs.
- II If you continue to shoot drugs:
 - 1. Don't share needles, works, or cookers.
 - 2. Stop going to shooting galleries and renting works.
 - 3. Use your own clean equipment and don't share it with anyone.
 - 4. Be aware that some "new needles" are re-bagged. Inspect the packages and don't use re-bagged needles.
- III Don't enter into a sexual relationship with someone who has AIDS or who shoots drugs.
- IV If you have been having sex with a drug user, you may already have been exposed to the virus without developing the disease. You can help yourself and your partner, however, by encouraging your partner to stop using drugs and to enter drug treatment. This will reduce your chances and your partner's chances of being exposed to the virus again. You might also consider changes in your sexual habits. While it is possible that the virus can be spread by any type of sexual activity, certain changes in your sexual practices may reduce your chances of being exposed to AIDS. For example, you might:
 - 1. Use condoms during vaginal intercourse.
 - 2. Eliminate anal intercourse - this type of sex appears to be especially dangerous.
 - 3. Eliminate "rimming", or oral-anal contact.
 - 4. If you have oral sex, you can minimize your exposure by not having your partner come (ejaculate) in your mouth, or by not swallowing the ejaculate.

If you want to get help to stop using drugs, the following groups are available to you:

Addiction Services 2-8719, 2-0614 or 6-0224 Ext. 293

Alcoholism Services 6-2345

Narcotics Anonymous 3-0430